

LUNCH

WEDNESDAY, APRIL 15, 2026

JACKED UP CHICKEN



CALORIES	SODIUM	PROTEIN	FAT	CARBS	CHOLESTEROL	FIBER
453	945mg	26g	17g	4g	70mg	0g

MEATLOAF



CALORIES	SODIUM	PROTEIN	FAT	CARBS	CHOLESTEROL	FIBER
250	350mg	23g	15g	6g	60mg	1g

BBQ GLAZED MEATLESS MEATLOAF



CALORIES	SODIUM	PROTEIN	FAT	CARBS	CHOLESTEROL	FIBER
200	566mg	21g	2g	25g	6mg	6g

coconut milk & oil

RASTA PASTA



CALORIES	SODIUM	PROTEIN	FAT	CARBS	CHOLESTEROL	FIBER
375	485mg	7g	18g	46g	0mg	3g



contains wheat



contains egg



contains milk



vegetarian



vegan



contains pork



contains fish



contains shellfish



contains nuts



ask about allergen